

Respect Life Resources:

Archdiocese of Boston Respect Life

The Pro-Life Services of the Archdiocese of Boston provide direct services with Project Rachael, post abortion ministry, and Pregnancies Health Care Centers along with Pastoral Pro-Life Activities developed by the USCCB. It provides information, resources, prayers, activities and news events.

<https://upholdingthedignityoflife.com>

Catholic Health Alliance:

The Catholic Health Care Leadership Alliance (CHCLA) is an alliance of Catholic organizations that support the rights of patients and professionals to receive and provide health care that follow the teachings of Jesus Christ and His Church. This site offers many resources, Catholic documents, media updates and information about Palliative Care in the Focus Areas.

<https://catholichealthalliance.org>

Catholic Health Association:

Catholic Health Association is committed to helping people with serious illness live as well as possible. It has multiple resources. Find them located in the FOCUS AREAS, including Elder Care, Human Trafficking, Palliative Care. Under Palliative Care there is the series from Catholic TV series regarding Palliative Care.

<https://www.chausa.org>

Friends of the Unborn:

The faith – based charity and private organization that offers women care and assistance who are faced with an unplanned pregnancy. They offer long term, rent free shelter and assistance.

<https://friendsoftheunborn.org>

Gospel of Life – videos from St. John’s Seminary:

A series of 5 videos: 1 – Faith & Reason, 2 – Dignity of the Human Person, 3 – From Conception Until Natural Death, 4 – Three False Ideas, -5. – Witnessing to the Gospel of Life

<https://vimeo.com/896550038>

Isadora Parish in Middleboro MA:

[Your Faith](#) found on the top menu of the Home Page gives a wealth of website resources that focus on many Respect Life issues. They have resources for Palliative Care. Links for Disabilities and Faith with information about support available in the Catholic Church for people with disabilities. There are also resources for Elderly Faith and Teen Faith.

<https://cranberrycatholic.org>

<https://cranberrycatholic.org/palliative-care-and-hope>

[The O'Connell House](#)

The O'Connell House is a 13-room residence which provides comprehensive services to women who have been sex trafficked who may also be pregnant or with a young child.

<https://theoconnellhouse.org>

Project Nazareth – Faith Begins at Home:

Project Nazareth is a Dignity of Life Formation Series that helps families be aware of the worth and equality of each person, serve our neighbors and inspires us to live as the Holy Family lived. The series has books written about these Core Truths of our Christian Faith and help us provide discussions and understanding on how families can imitative the Holy Family of Nazareth.

<https://projectnazareth.info/index.html>

[Project Rachael](#)

Project Rachael is a ministry of the archdiocese of Boston. The ministry offers special programs to women experiencing regret from a past abortion. For more information on *Project Rachael* call 508-651-3100 or email help@projectrachelboston.com.

<https://projectrachelboston.com>

[United States Conference of Catholic Bishops – USCCB Respect Life:](#)

The United States Conference of Catholic Bishops (USCCB) is the assembly of bishops who unify and promote Catholic activities in the United States and the Virgin Islands. Information, resources, articles on Palliative care, prayers, news and activities are found at this site.

<https://www.usccb.org/prolife>

HELPFUL RESOURCES FOR NEW MOMS AND MOMS TO BE

Support

1. **Archdiocese Pregnancy Help Office: 617-782-5151 (Boston), 508-651-0753 (Natick) Services include: pregnancy testing, options counseling, referrals and ongoing support.**

<https://www.pregnancyhelpboston.org>

2. **Healthy Families -508-482-5939 (Milford office), 508-879-1726 (Framingham office) Home visiting program for first time parents under the age of 24. May enter the program early in pregnancy or until the baby's first birthday. May continue until the child is 3. Services are voluntary and free. Program provides support, health and parenting information and referrals.**

<https://www.criterionchild.com>

3. **Birthright of Framingham – 508-620-0657 Provides support, information and referrals for pregnant women. Free and confidential.**

<https://www.birthright.org/framingham>

4. **Abundant Hope Pregnancy Resource Center in Attleboro – 855-299-4218 -Resources and options for women dealing with an unexpected pregnancy. Can also provide help with diapers, wipes, baby food and some formula. 508-455-0425, phone number listed on website**

<https://www.ahprc.org>

5. **Childbirth Education Programs / Various Support Groups for expecting and new moms Milford Regional Medical Center -508-473-1190, 508 422-2206 (Community Education) Sturdy Memorial Hospital – 508-236-7151 – at websites search for Childbirth Education Classes**

<https://www.milfordregional.org>

<https://www.sturdyhealth.org>

Health Insurance

1. **Mass Health Prenatal Program: 800-841-2900 - pregnant women who do not have health insurance can receive 60 days of immediate healthcare benefits. Women who meet low-income guidelines can apply to extend these benefits. -at website search for Information for Pregnant MassHealth Members**

<https://www.mass.gov>

2. **Healthy Start- free health insurance program for uninsured low-income pregnant women, who are not eligible for MassHealth. Provides prenatal care and up to two months postpartum care. Apply through MassHealth -at website search for Healthy Start Program**

<https://www.bmc.org>

Food and Nutrition

1. **Women, Infant and Children Program (WIC): 800-WIC-1007, 508-634-8012 (Milford site), -food and nutrition program for income- eligible pregnant women and children up to age 5. Provides vouchers for nutritional food and formula. Services also includes breast feeding support and nutritional guidance. – at website search for Milford WIC Program**

<https://www.mass.gov>

2. **Franklin Food Pantry: 508-528-3115**

<https://www.franklinfoodpantry.org>

3. **SNAP /Food Stamps – can apply at the DTA office (300 Howard Street, Framingham). A separate application is not needed if an application for cash benefits is in progress. Also, online at DTACConnect.com or by phone 877-382-2363**

Shelter

1. **DHCD : 13 Sudbury Street, Worcester. Most homeless shelters in Massachusetts are run by the Department of Housing and Community Development. Pregnant women, who are homeless, may seek shelter by requesting Emergency Assistance through DHCD. They will need proof that they are a Massachusetts resident and meet the income standards to qualify. Other criteria may be needed. In person assistance, after Covid, is limited applicants are encouraged to apply by phone by calling 866-584-0653. Keep calling if there is no call back after an hour. – at website scroll to bottom of home page and find SNAP benefits Locations and phone number**

<http://www.Mass.gov>

2. **Friends of the Unborn: 617-786-7903 or 1-888-761-8538, A Christian program located in Quincy, MA. Provides shelter for pregnant, homeless women in a communal living situation. They provide guidance, counseling, housing advocacy, and referrals. Residents may stay for one year after the birth of their baby.**

<https://www.friendsoftheunborn.org>

3. **Visitation House: 508-798-0762 -located in Worcester, MA. This is a home, based on Catholic principles, for women, 18 years and older, who are experiencing a crisis pregnancy. The program offers material, emotional and spiritual support.**

<https://www.visitationhouse.org>

4. **Bethesda House: 781-361-2418 – located in the South Shore area. This is a faith-based home for pregnant and parenting women. Provides support, guidance and resources in a communal living situation.**

<https://www.bethesdahouse.org>

Transportation

1. **FISH: 508-528-2121**- Volunteers provide free rides to medical appointments.

Maternity Clothes, Baby Clothes, Diapers and Baby Furniture

1. **Abundant Hope: 508-455-0425**- operates a diaper bank twice a month. Call for dates and time. (website above)
2. **Healthy Families, The Prolife office and Birthright often can help with formula and clothing for their participants.** (website above)
3. **St. Vincent de Paul Plainville Thrift Store - 508-695-5150** - scroll down to **Thrift Stores** to find Hours of Operation and address

<https://svdpboston.org>

4. **Blessing Barn Milford Thrift Store – 508 478-6603**

<https://wwwblessingbarn.org>

Other helpful information:

1. **Parental Stress Line: 800-632-8188 – 24-hour hotline serviced by trained volunteers who offer support to parents during times of stress.**

<https://www.parentshelpingparents.org>

2. **Department of Revenue (DOR)-774-299-6400**- provides help accessing child support.

<https://www.mass.gov>

3. **DTA, 300 Howard Street, Framingham, MA- 508-661-6600** – provides cash benefits and food assistance for low income pregnant women and families. Pregnant women can receive MA Health, and SNAP food assistance at any stage of pregnancy, but cash benefits only begin four months before their due date.
4. **Income- Eligible child care** – can apply thru the local Child Care Resource and Referral agency at 508-755=2340 or by calling 211. There is a waiting list.