

St. Mary Parish Lent 2017

ABSTINENCE: All Catholics who are 14 years of age and older are to abstain from eating meat on Ash Wednesday, Good Friday, and all Fridays during Lent.

FASTING: All Catholics between the ages of 18-59 years (inclusive) are to fast on Ash Wednesday and Good Friday. Only one full meal is allowed on days of fast. Two other meals, sufficient to maintain strength, may be taken according to one's need; but together they should not equal another full meal. Eating between meals is not permitted, but liquids are allowed. The obligation does not apply to those whose health or ability to work would be seriously affected.



Ash Wednesday: March 1

- 7:00 a.m. Mass with Distribution of Ashes
- 12:10 p.m. Prayer Service with Distribution of Ashes
- 4:00 p.m. Prayer Service with Distribution of Ashes
- 7:30 p.m. Mass with Distribution of Ashes

Daily Mass (downstairs chapel)

- 7:00 a.m. Monday through Friday
- 5:15 p.m. Monday through Friday
- 8:00 a.m. Saturday mornings

Stations of the Cross (downstairs chapel)

Fridays, following the 5:15 p.m. Mass

Adult Spirituality Talks (Sacred Heart Hall)

March 23, 30, and April 6, at 7:00 p.m.

Opportunity for Confession (downstairs chapel)

- 6:30 p.m. – 8:00 p.m. Wednesdays in Lent
(March 8, 15, 22, 29, April 5, 12)
- 3:00 p.m. – 3:45 p.m. Saturday afternoons
- Or by appointment: call rectory at 508-528-0020
- Extensive resources at www.TheLightIsOnForYou.org



Dear Lord,

As I journey together with you through this holy season of Lent, help me to “sell my desk” – ridding myself of those things that seem important but in truth keep me away from you, away from your people in need. May the spirit of your compassion and generosity be evident to everyone I meet along the way throughout these forty days, so that, enlivened by love, I come to know the joy of your Resurrection. I ask this in your name, through our heavenly Mother, the Blessed Virgin Mary. Amen.

(from SVdP HQ in Missouri / used with permission)

24 Hours for the Lord: March 24/25 At specified locations throughout the area

Lenten Offering

During this Season of Lent, please consider putting something extra in your shopping cart for our SVdP Food Pantry. Suggestions for each weekend of Lent are:

- Mar. 4/5:** applesauce, fruit cocktail, graham crackers
- Mar. 11/12:** laundry detergent
- Mar. 18/19:** personal hygiene items
- Mar. 25/26:** donations for Respect Life Baby Shower
- Apr. 1/2:** juice
- Palm Sunday:** beef stew, chowder, cereal, peanut butter, jelly

Catholic Women's Club Laetare Sunday Communion Breakfast

March 26, after 9 a.m. Mass